Term 4 Week 3 ~ Thursday 22 October 2015

Diary dates:

Week 3
Thu 22/10 Grandparents Day 2-3pm
Fri 23/10 Canteen lunches served (pre-ordered only)

Week 4
Mon 26/10
Tue 27/10 Mr Duroux @ SEDs Day / Miss Curran
12.30-1.00pm Nose health & safety to K-1
P&C meeting 5.30pm in school Library
Wed 28/10
Thu 29/10 9.30am RRHS High Achievers interviews for selected Y6 students - @ BPS
Mr Duroux @ NCPSSA / Mrs Perren
Fri 30/10 Halloween lunch & activities 11.30am – 3.15pm
No awards assembly this week due to Halloween activities

Week 5
Mon 2/11
Tue 3/11 Y6 Fundraiser – Melbourne Cup Obstacle Course
Wed 4/11
Thu 5/11 Deadline for payment & permission note for Intensive Swimming Scheme
Fri 6/11 Double awards assembly 3pm

Regular P&C days: Tuesdays: 3-3.30pm Uniform shop
Thursdays: Lunch orders by 9.30am
Fridays: Canteen lunches served (pre-ordered only)

Awards will be presented at tomorrow’s assembly, 3pm

PRINCIPAL’S AWARD: Billie for always being a great role model to younger students
CAPA: Tom CITIZENSHIP: Cianna ENVIRONMENT: Taj SPORT: Jessica
GOOD FRIEND: Jaden chosen by: Luke C

BLUE AWARDS for Week 3: Charlie, Cianna, Ivy P-W, Sina. Congratulations to these students who are awarded a Blue Award after receiving 10 Yellow awards in their class.

ACADEMIC
K-1 Tanisha for writing an interesting story about her ruby red shoes
2-3 Tamzyn for achieving 100% in spelling tests
Y4 Jessica for her understanding of equivalent fractions
5-6 Billie for excellent work in all areas

GO FOR IT
K-1 Luke H for using correct math terms in fractions
2-3 Nat for the great work he did when completing his power point on sport
Y4 Sharmeeka & Dante for their high scores in continuous cricket
5-6 Amelia for excellent work in art and writing

THINKING SKILLS
K-1 Dean for correctly sequencing places along the yellow brick road
2-3 Rorie for always contributing in class discussions
Y4 Ivy P-W for her improvement in completing fraction lines
5-6 Beth for creative thinking in maths and literacy

LIBRARY
K-1 Lily 2-3 Hannah Y4 Charlie 5-6 Isabel
Grandparents Day
Our school is hosting an afternoon tea and mini concert for Grandparents Day today. Families are asked to provide a plate of goodies to assist with the afternoon tea. Please spread the word - it is always very exciting to have many friends and families visit our school.

School Swimming Scheme
This program will run during weeks 6 and 7 of this term. All levels are catered for at the pool by the qualified instructors. Thank you to the families who have returned the expression of interest note and payments. This is an invaluable program that not only teaches students how to swim but also how to rescue themselves or others if they are in danger in or near waterways. The cost is far cheaper than pursuing private lessons outside of school. Please ensure notes and money are returned promptly. A Permission Note has been sent home to the selected students today (bright blue paper). The deadline for both the Permission Note and payment is Thursday 5 November (T4W5). Thank you to those families that have pre-paid.

NSWPSSA Athletics
Last week, Jessica competed at the NSW State Track and Field Championships in Sydney. She is competed in the long jump, discus and shot put events. She placed 13th in the State for shot put with a new personal best throw. It is an amazing effort to qualify for State in one event let alone 3 events! Well done Jess, we are very proud of your effort.
See photo on last page of this Bulletin.

P&C Meeting
The next general meeting of our P&C is on next Tuesday 27 October (Week 4) at 5:30pm in the library. Meetings generally last about 1 hour. I encourage all families to come along to ask questions or to have a say in the school’s running. Children are welcome to attend provided they are quiet and do not disrupt the meeting. Games and books are available to keep them occupied.

New Toilet Block
I am very happy to announce that a new toilet block will be built at our school in the New Year. The new brick building will replace our old antiquated facilities and provide a more hygienic and modern facility for our students to use. The demountable toilets will also be removed as part of this development and a new water storage tank installed. This is a long awaited project for our school and we are grateful to the NSW State Government for providing the resources to fund this initiative.

2016 Kindy Enrolments
We are currently taking in zone enrolments for 2016 Kindergarten. If you know of a family with a child ready for ‘Big’ school, encourage them to contact the school for an appointment to discuss enrolment or to have a look at our wonderful school.

PEER SUPPORT at BLAKEBROOK PS
During Peer Support this week the children will look at qualities their friends may have and the concept that we choose friends based on the qualities we admire in them. They will also explore the skills of friendship, specifically those of cooperating and listening.
During the week encourage your child to show they are interested in the person they are talking to by being an active listener.

GENERAL NEWS
Halloween
Halloween will be celebrated on Friday 30 October at Blakebrook (Week 4) 11.30am - 3.15pm. There will be a one off cost which will include coming out of uniform, BBQ lunch/drink and activities. The event will be the final fundraiser organised by the ‘Vietnam girls’. Students can come to school dressed in their Halloween costumes/outfits. There will be NO assembly on this day, double awards will be presented in Week 5. A note went home on Tuesday, it’s also been uploaded to the school website and is attached to the weekly Bulletin email.

DVD For Sale
The DVD of our school production Robin and the Sherwood Hoodies is now ready for sale at a cost of $2. Mrs Skorjenko has worked long and hard to make this available and stresses that the DVD would be best viewed on a computer, due to the sound inconsistencies. At present we have 12 copies ready to sell.
Year 7 entry to selective high schools in 2017 (current Year 5 students)

Important information:
- Parents must apply online at www.schools.nsw.edu.au/shsplacement
- Applications for entry in 2017 can be made online between now and 16 November 2015. Applications will not be accepted after 16 November 2015.
- All applicants are required to sit the Selective High School Placement Test to be held on Thursday 10 March 2016.

A copy of the booklet Information about applying for Year 7 entry to selective high schools in 2017 relating to entry to selective high schools in 2017 is available for viewing in the school admin foyer or you can find a copy of the document at https://detwww.det.nsw.edu.au/publicschoolsNSW/school-programs/selective-high-school-placement

Parents Guide to the NSW Primary Syllabuses
A copy of this booklet has been sent home to each family today. The information is provided by BOSTES (Board Of Studies, Teaching & Educational Standards NSW) and incorporates the Australian curriculum. It has been designed to assist parents understand their child’s progress through primary school. BOSTES home page: www.boardofstudies.nsw.edu.au

NSW Whooping Cough Alert Press Release dated 15 October 2010

NSW Health today issued a warning to all parents to be on alert for whooping cough (pertussis) following an increase in the number of school-aged children diagnosed with the disease over the last few weeks.

Whooping cough is a serious respiratory infection that causes a long coughing illness, and can be life-threatening for babies. Older children can bring home whooping cough from school or childcare and the infection can then be passed on to babies in the home.

Whooping cough boosters are important for older children at four years and later in high school. Boosters give the immune system a top-up and give added protection against whooping cough and help stop the spread to others. Whooping cough immunity fades with time. This means that children and adults can still get the infection even if they’ve been immunised against the disease.

- Whooping cough starts like a cold with a blocked or runny nose, sneezing, a mild fever and an occasional cough. The cough usually gets worse and severe bouts of uncontrollable coughing develop. This can be followed by vomiting, choking or taking big gasping breaths which causes the “whooping” sound. The cough can last for many weeks and can be worse at night. Some older children and adults just get a cough that doesn’t go away and they may not get any of the other symptoms.
- Whooping cough is highly infectious in the first three weeks and can spread easily through families, childcare centres and schools.
- General practitioners can test for whooping cough and treat early infections to reduce spread to other people.
- Anyone who is infectious with whooping cough should avoid contact with babies and stay at home from work, school or childcare until they are no longer at risk of passing the infection on.

Further information can be obtained at http://www.health.nsw.gov.au/factsheets/infectious/

For a range of health information, go online to www.health.nsw.gov.au

Chickenpox Alert
We have confirmed cases of Chickenpox once again in our school community.

Further information can be obtained at http://www.health.nsw.gov.au/factsheets/infectious/

2-3 Class News with Lois Skorjenko
A reminder to students that they will be presenting an oral description of an unusual object or place/location to their peers during their class news time. Thank you again to parents for helping their child be prepared for their previous week’s task.

If you have any problems please speak directly to Mrs Skorjenko.

BPS SS Soccer Team – State winners
This great article appeared in the Weekend Star newspaper on Saturday 9 October 2015.

![Article Image]
Blakebrook Public School P & C Newsletter  
Thursday 22nd October 2015 – Week 3 Term 4

CANTEEN
Canteen has commenced again and the roster is below. If you are able to assist please sms Ali 0420 946407 or Betty 0427 216802 ASAP to ensure canteen runs for the full term.

**CANTEEN ROSTER & MENU**
**TERM 4  2015**

<table>
<thead>
<tr>
<th>Week 3</th>
<th>Fri 23rd Oct</th>
<th>Pizza Muffins (ham, pineapple, tomato &amp; cheese or any comb)</th>
<th>$3.50</th>
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</thead>
<tbody>
<tr>
<td>Work (9.30am - 1pm)</td>
<td><strong>Lynn Brown</strong></td>
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<tr>
<td>Week 4</td>
<td>Fri 30th Oct</td>
<td>Sausage sizzle</td>
<td></td>
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<tr>
<td>Work (9.30am - 1pm)</td>
<td><strong>Halloween fundraiser</strong></td>
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<tr>
<td>Week 5</td>
<td>Fri 6th Nov</td>
<td>Chicken Wraps (chick, lettuce, carrot, tomato &amp; cheese)</td>
<td>$3.50</td>
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<tr>
<td>Work (9.30am - 1pm)</td>
<td><strong>Kay Cooper</strong></td>
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<td>Week 6</td>
<td>Fri 13th Nov</td>
<td>Homemade Hamburger/ Vegeburger</td>
<td>$3.50</td>
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<tr>
<td>Work (9.30am - 1pm)</td>
<td><strong>Vacant</strong></td>
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<tr>
<td>Week 7</td>
<td>Fri 20th Nov</td>
<td>Taco wraps (Mince/Taco Seasoning, lettuce, carrot, tomato &amp; cheese)</td>
<td>$3.50</td>
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<tr>
<td>Work (9.30am - 1pm)</td>
<td><strong>Karen Symonds</strong></td>
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<td>Week 8</td>
<td>Fri 27th Nov</td>
<td>Pie Day Meat Pies $4.00 Sausage Rolls $3.00</td>
<td>$4.00/ 3.00</td>
</tr>
<tr>
<td>Work (9.30am - 1pm)</td>
<td><strong>Rachel Essery</strong></td>
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<tr>
<td>Week 9</td>
<td>Fri 4th Dec</td>
<td>Toasted sandwiches (any comb, $3.50 or cheese only $2)</td>
<td>$3.50/$2.00</td>
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<tr>
<td>Work (9.30am - 1pm)</td>
<td><strong>Vacant</strong></td>
<td></td>
<td></td>
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<tr>
<td>Week 10</td>
<td>Fri 11th Dec</td>
<td>Sausage Sizzle (one bread &amp; one sausage)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Work (9.30am - 1pm)</td>
<td><strong>Vacant</strong></td>
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FUNDRAISING
**Greyhound Night** will be held Tuesday 3rd November, 2015 at Colemans Point Lismore. Tickets will be available shortly. Any businesses willing to sponsor a race on the night $120 for the main race and $60 for each other race.

**Shopping Bus Trip** has been booked for Saturday 14th November, 2015. We are commencing collecting names and money now. The costs will be $30 per person and we are looking at heading to Robina Town Centre. There are only two pick up points Blakebrook Public School 7.30am and St Carthages Cathedral, Leycester Street, Lismore 7.45am returning to the Cathedral approx 5.30pm and Blakebrook 5.45pm. Remember to bring boxes or bags for your shopping so it doesn’t slide around under the bus.

Money raised will support our representative students and purchase equipment for the playground.

Name: _______________________________ Contact Number: _________________________

Number of Seats required: ______________________ Pick up point: ________________________

P&C QUERIES - please contact Betty to assist on 0415 394354 not Wendy in the office thank you!

Next P&C meeting is next

**Tuesday 27th October, 2015 – Week 4, Term 4**

Betty McPaul on behalf of the P and C Committee Mobile 0415 394354
COMMUNITY NEWS

Rethink sweet drinks
Many children are so used to sugary drinks; it will take time to break the bad habit, as taste buds need to be re-trained away from the sweetness overload these drinks provide. Here are some things you and your child can do to help break the sugary drink bad habit:

**Decrease the frequency.** If your child is having juice three times per day, start by cutting out one serving per day.

**Only carry water.** When out and about, carry water to quench your thirst.

**Water down juices.** Yes, even drinks that are 100 percent juice are still loaded with sugar. Each day add more and more water to each sweetened drink until reaching a point of almost nothing there.

**Stop buying sweetened drinks.**

**Make water easily accessible.** Place a water pitcher in the refrigerator or on the counter, or put it in colourful, eye-catching water bottle or cup.

**Infused water.** Mix in fruit (frozen or fresh), vegetables or herbs such as mint or thyme. Let it sit overnight, and in the morning you’ll have a delicious batch of infused water.

**Unsweetened milk.** Cow’s milk, almond milk, soy milk or rice milk are all fabulous choices. Three servings per day help provide adequate calcium and vitamin D.

Next time your kids are reaching for a drink, help them refrain from sipping something sweet. Their health may depend on it.

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Desperately seeking a local rental property

Preference for a rental close to Jiggi Road area, but will consider anywhere in the local area of Pinchin Road, Blakebrook, Boorie Creek, Goolmangar, Jiggi, Keerrong, Leycester, Rock Valley, etc.

Working mum, non-smoker, one child, clean & tidy, good references

Phone Bobbie on 0421 786 216
Blakebrook PS is:

- Listening to instructions
- Letting others play
- Sitting quietly
- Taking turns
- Putting bags in lines